



# sweet kiddles<sup>®</sup>

flexible childcare center

Week of:

Avon Lake: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Cheerios Banana Milk	Nutri-grain Fruit Cup Milk	Cheerios Fruit Cup Milk	Yogurt Bar Fruit Milk	Berry Muffins Applesauce Milk
<b>AM Snack</b>	Muffins Milk	Vanilla Wafers Fresh Fruit Water	Cinnamon Rolls Milk	Animal Cookies Fresh Fruit Water	Graham Crackers Fresh Fruit Water
<b>Lunch</b>	Chicken & Cheese Quesadilla Peas Fruit Cocktail Milk	Pasta w/Meat Sauce Corn Peas Milk	Chef's Choice Protein Grain Vegetable Fruit Milk	French Toast Bites Turkey Sausage Green Beans Peaches Milk	Turkey & Cheese Sliders Broccoli Pineapple Milk
<b>PM Snack</b>	Veggie Straws Ranch Dip Water	Tortillas Salsa Water	Mini Bagels Cream Cheese Spread Water	Popcorn/Puffs Cheese Sticks Water	Pita Hummus Water



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Week of:

Hudson: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Cereal Banana Milk	Pancakes Pears Milk	Fruit Bars Milk	Pancakes Peaches Milk	Waffles Applesauce Milk	
<b>AM Snack</b>	Goldfish Berries	Animal Crackers Yogurt	Pretzels and Raisins	Mini Muffins Milk	Teddy Grahams Cheese Stick	Graham Crackers Milk
<b>Lunch</b>	Cheeseburger with Sweet Potato fries Fresh fruit Milk	Fish Sticks Green Beans Applesauce Milk	Sunbutter and Jelly Sandwich Fresh Fruit Peas Milk	Cheese Ravioli Tossed Salad Apple Slices Milk	Pizza Bagels Broccoli Fresh Fruit Milk	Chef's choice Protein Grain Vegetable Fruit Milk
<b>PM Snack</b>	Veggie Straws Milk	Wheat Crackers Cheese Cubes	Cheez-Its Milk	Fresh Veggies w/ Ranch Milk	Yogurt Granola	Fresh Veggies w/ Ranch Milk
<b>Evening Snack</b>	Granola Bar Fresh Fruit	Graham Crackers Milk	Cheez-It's Milk	Tortilla Chips Salsa	Puffed Corn Raisins	Granola bar Fresh fruit



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Week of: \_\_\_\_\_

Medina: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Life Cereal Fresh Fruit Milk	English Muffin w/Jelly Fresh Fruit Milk	Waffles w/syrup Fresh Fruit Milk	Raisin Bread Fresh Fruit Milk	Kix Cereal Fresh Fruit Milk	
<b>AM Snack</b>	Popcorn Milk	Animal Crackers Fresh Fruit	Vanilla Wafers 100% Fruit Juice	Fresh Fruit Cheese Stick	Goldfish 100% Fruit Juice	
<b>Lunch</b>	Chicken Nuggets Buttered Noodles Green Beans Fruit Cocktail Milk	Meatball Subs Mixed Vegetables Fresh Fruit Milk	Cheese Quesadillas Corn Pineapple Milk	Grilled Cheese Broccoli Applesauce Milk	Sloppy Joes Peas Fresh Fruit Milk	
<b>PM Snack</b>	Cereal Bars Milk	Pretzels with Ranch Dip	Teddy Grahams Milk	Cheese Crackers 100% Fruit Juice	Veggie Straws Milk	
<b>Evening Snack</b>	Granola Bar Milk	Vanilla Wafers Milk	Veggie Straws Milk	Cheese Crackers 100% Fruit Juice	Popcorn 100% Fruit Juice	



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Week of:

Strongsville Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Cereal Fruit cup Milk	Muffins Fruit cup Milk	Bagel Cream Cheese Fruit cup Milk	Cereal Fruit cup Milk	Cereal bar Fruit cup Milk
<b>AM Snack</b>	Yogurt Graham Cracker Water	Cheese Fruit Water	Nutri-grain Bar Milk	Cereal Mix Milk	Banana Vanilla Wafers Water
<b>Lunch</b>	Breakfast Pizza Fruit Corn Milk	Cheeseburger on Bun Baked beans Peaches Milk	Turkey Wrap w/ Ranch Cucumber Slices Melon Milk	Chicken Parm Sliders Tots Mandarin Oranges Milk	Bowtie Alfredo Mixed Vegetables Fruit Cocktail Milk
<b>PM Snack</b>	Crackers Fresh Veggies w/ranch Water	Pretzels Hummus Water	Goldfish Raisins Water	Veggie Straws Salsa Water	Popcorn/Puffs 100% Fruit Juice



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Week of:

UC: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Cereal Fruit Milk	Oatmeal Fruit Milk	Cereal Bar Fruit Milk	Mini Muffins Fruit Milk	Cereal Fruit Milk	
<b>AM Snack</b>	Homemade Trail Mix Fruit	Cheerios Fresh Fruit Milk	Granola Bars Milk	Fresh Fruit Yogurt	Goldfish Fresh Fruit	
<b>Lunch</b>	Pancakes Turkey Sausage Broccoli Melon Milk	Spaghetti and Meatballs Cucumbers Pears Milk	Sun Butter/Jelly Sandwich Cheese Stick Peas Pineapple Milk	Fish Sticks/Butter Bread Cucumbers Banana Milk	Chicken/Veggie Pasta Fresh Fruit Butter Bread Milk	
<b>PM Snack</b>	Cheese Sticks and Pretzels Milk	Cheerio/Dried Fruit Mix Milk	Popcorn/Puffs Fruit	SK Trail Mix Milk	Cheese Its Raisins	