



sweet kiddles[®]
flexible childcare center

Week of: _____

Avon Lake: Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cheerios Banana Milk	Nutri-grain Fruit Cup Milk	Cheerios Fruit Cup Milk	Yogurt Bar Fruit Milk	Berry Muffins Applesauce Milk
AM Snack	Muffins Milk	Vanilla Wafers Fresh Fruit Water	Cinnamon Rolls Milk	Animal Cookies Fresh Fruit Water	Graham Crackers Fresh Fruit Water
Lunch	Mini Corndogs Mixed Vegetable Peaches Milk	Chicken Goulash Broccoli Pears Milk	Chef's Choice Grain Protein Vegetable Fruit Milk	Mini Pancakes Turkey Sausage Corn Peas Milk	Sunbutter & Jelly Sandwich Green Beans Pineapple Milk
PM Snack	Veggie Straws Ranch Dip Water	Tortillas Salsa Water	Mini Bagels Cream Cheese Spread Water	Popcorn/Puffs Cheese Sticks Water	Pita Hummus Water



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Week of: _____

Hudson: Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	French Toast Sticks Banana Milk	Pancakes Applesauce Milk	Cereal Oranges Milk	Waffles Banana Milk	Blueberry Muffins Milk	
AM Snack	Vanilla Wafers Yogurt	Pita Bread Hummus	Pretzels and Raisins	Cheese Cubes Wheat Crackers	Animal crackers Pears	Pretzel Rods Milk
Lunch	Rigatoni with Alfredo sauce Garlic Bread Broccoli Fresh Fruit Milk	Chicken Parmesan Broccoli Mango Milk	Mini Corn Dogs Peas Pears Milk	English Muffin Pizzas Mixed Veggies Peaches Milk	Meatball Sub Green Beans Apple Slices Milk	Chef's choice Protein Grain Vegetable Fruit Milk
PM Snack	Tortilla Chips Salsa	Fresh Veggies Ranch	Apple Slices Yogurt	Granola Bars Milk	Fresh Fruit Yogurt	Cheese sticks Apple slices
Evening Snack	Goldfish Milk	Veggie Straws Milk	Animal Crackers Milk	Pretzels and Raisins	Cheese and Crackers	Granola bar Fresh fruit



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Medina: Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cheerios Fresh Fruit Milk	Yogurt and Banana Milk	Pancakes w/syrup Fresh Fruit Milk	Raisin Bread Fresh Fruit Milk	Kix Cereal Fresh Fruit Milk	
AM Snack	Goldfish 100% Fruit Juice	Granola Bars Milk	Cheese Crackers Fresh Fruit	Cereal Bars Milk	Animal Crackers 100% Fruit Juice	
Lunch	Texas Toast Pizza Corn Pineapple Milk	Ham and Cheese Croissants Peas Peaches Milk	Spaghetti and Meat Sauce Green Beans Fresh Fruit Milk	Pierogies Mixed Veggies Applesauce Milk	Macaroni and Cheese California Blend Fresh Fruit Milk	
PM Snack	Ritz Crackers Cheese Slices	Mini Cheese Cracker Sandwiches Milk	Rice Cakes w/Cream Cheese and Fresh Fruit	Blueberry Muffins Milk	Cheese Popcorn Milk	
Evening Snack	Animal Crackers 100% Fruit Juice	Cheese Popcorn Milk	Ritz Crackers Cheese Stick	Vanilla Wafers 100% Fruit Juice	Popcorn 100% Fruit Juice	



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Week of:

Strongsville Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal Fruit cup Milk	Muffins Fruit cup Milk	Bagel Cream Cheese Fruit cup Milk	Cereal Fruit cup Milk	Cereal bar Fruit cup Milk
AM Snack	Yogurt Graham Cracker Water	Cheese Fruit Water	Nutri-grain Bar Milk	Cereal Mix Milk	Bananas Vanilla Wafers Water
Lunch	French Toast Sticks Turkey Sausage Berry Cup Mixed Veggies Milk	Soft Tacos Fiesta Corn Fruit cocktail Milk	Crispy Chicken Sandwich Sweet Potato Fries Pears Milk	Meatloaf Country Vegetables Grapes Milk	Cheese Ravioli w/ Marinara Tossed Salad w/ Ranch Pineapples Tidbits Milk
PM Snack	Crackers Fresh Veggies w/ranch Water	Pretzels Hummus Water	Goldfish Raisins Water	Veggie Straws Salsa Water	Popcorn/Puffs 100% Fruit Juice



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Week of:

UC: Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Mini Muffins Fruit Milk	Cereal Fruit Milk	Pancakes Fruit Milk	Cereal Bar Fruit Milk	Mini Muffins Fruit Milk	
AM Snack	Homemade Trail Mix Milk	Cucumbers and Ranch Milk	Teddy Grahams Milk	Fresh Fruit w/ dip Milk	Popcorn/ Puffs Milk	
Lunch	Mac and Cheese Oranges Broccoli Milk	Homemade Lunchable Melon Green Beans Milk	Chicken and Rice Peas Banana Milk	French Toast Turkey Bacon Applesauce Cucumbers Milk	Chicken Nuggets Tots Oranges Milk	
PM Snack	Pretzel Rods Milk	Cheerios Milk	Fruit Muffins Milk	Mini Bagels with cream cheese Milk	Homemade Trail mix Milk	