



sweet kiddles[®]
flexible childcare center

Week of: _____

Avon Lake: Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cheerios Banana Milk	Nutri-grain Fruit Cup Milk	Cheerios Fruit Cup Milk	Yogurt Bar Fruit Milk	Berry Muffins Applesauce Milk
AM Snack	Muffins Milk	Vanilla Wafers Fresh Fruit Water	Cinnamon Rolls Milk	Animal Cookies Fresh Fruit Water	Graham Crackers Fresh Fruit Water
Lunch	Chicken Nuggets Rolls Broccoli Pears Milk	Mac & Cheese Tater Tots Fruit Cocktail Milk	Chef's Choice Grain Protein Fruit Vegetable Milk	French Toast Bites Turkey Sausage Corn Peaches Milk	Turkey & Cheese Wrap Sweet Potatoes Fries Applesauce Milk
PM Snack	Veggie Straws Ranch Dip Water	Tortillas Salsa Water	Mini Bagels Cream Cheese Spread Water	Popcorn/Puffs Cheese Sticks Water	Pita Hummus Water



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Hudson: Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cereal Applesauce Milk	Pancakes Banana Milk	Wheat toast with butter Oranges Milk	Yogurt with Cheerios Oranges	Waffles Milk ½ Banana	
AM Snack	Yogurt Graham Crackers	Carrots Hummus Milk	Pretzels and Raisins	Cheese Cubes Wheat Crackers	Animal crackers Pears	Cereal Bars Milk
Lunch	Whole Grain Macaroni and Cheese Broccoli Mixed Fruit Milk	Fish Sticks Tater Tots Mixed Veggies Mango Milk	Cheese Pizza Corn Pears Milk	Chicken Tacos Corn Peaches Milk	Beef Lasagna Breadsticks Green Beans Apple Slices Milk	Chef's choice Protein Grain Vegetable Fruit Milk
PM Snack	Goldfish Milk	Animal Crackers String Cheese	Apple Slices Yogurt	Carrots Hummus Milk	Trail mix Milk	Cheese sticks Apple slices
Evening Snack	Pretzels Raisins	Veggie Straws Milk	Graham Crackers Milk	Pretzels and Raisins	Cheese and Crackers	Granola bar Fresh fruit



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Medina: Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cheerios Fresh Fruit Milk	Yogurt and Banana Milk	Waffles w/syrup Fresh Fruit Milk	Raisin Bread Fresh Fruit Milk	Life Cereal Fresh Fruit Milk	
AM Snack	Cereal Bar Milk	Animal Crackers Fresh Fruit	Granola Bars Milk	Fresh Fruit Cheese Stick	Teddy Grahams Milk	
Lunch	Cheese Ravioli Mixed Veggies Peaches Milk	Turkey and Cheese Rollups Cucumbers Fresh Fruit Milk	French Toast Sausage Carrots Applesauce Milk	Chicken Patty on a Bun Green Beans Fresh Fruit Milk	Soft Tacos Corn Sour Cream Pineapple Milk	
PM Snack	Mini Cheese Cracker Sandwiches 100% Fruit Juice Granola Bar Milk	Veggie Straws Milk	Corn Chips and Salsa	Cinnamon Tortillas Apple Slices	Cheese Popcorn Milk	
Evening Snack		Rice Cakes 100% Fruit Juice	Veggie Straws Milk	Cheese Crackers 100% Fruit Juice	Popcorn 100% Fruit Juice	



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Week of:

Strongsville Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal Fruit cup Milk	Muffins Fruit cup Milk	Bagel Cream Cheese Fruit cup Milk	Cereal Fruit cup Milk	Cereal bar Fruit cup Milk
AM Snack	Yogurt Graham Cracker Water	Cheese Fruit Water	Nutri-grain Bar Milk	Cereal Mix Milk	Bananas Vanilla Wafers Water
Lunch	Pancakes Turkey Bacon Melon Cup Mixed Veggies Milk	Fish Sticks w Tartar Sauce Butter Noodles & Cabbage Mandarin Oranges Milk	Meatball Hoagie w/Marinara & Mozzarella Cheese Carrots Fruit cocktail Milk	Sweet and Sour Chicken Rice Pilaf Mixed Vegetables Peaches Milk	Bosco Sticks w/ Marinara Broccoli Florets Tropical Fruit Milk
PM Snack	Crackers Fresh Veggies w/ranch Water	Pretzels Hummus Water	Goldfish Raisins Water	Veggie Straws Salsa Water	Popcorn/Puffs 100% Fruit Juice



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Week of:

UC: Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cereal Bar Fruit Milk	Mini Muffins Fruit Milk	Cereal Fruit Milk	Cereal Fruit Milk	Oatmeal Fruit Milk	
AM Snack	Apples Milk	Veggies and Ranch Milk	Fresh Fruit Milk	Cereal Mix Milk	Cucumbers and Ranch Milk	
Lunch	Grilled Cheese Peaches Green Beans Milk	Baked Chicken Garlic Bread Tossed Salad Applesauce Milk	Crispy Chicken Sandwich Mixed Veggies Fruit Cocktail Milk	Bosco Sticks w/ Marinara Peas Pineapple Milk	Pasta/Meatballs Fresh Veggie Fresh Fruit Milk	
PM Snack	Yogurt/ Granola Milk	Corn Chips and Salsa Puffs Milk	Graham Crackers Milk	Goldfish Milk	Cheeze-its Milk	