



sweet kiddles[®]
flexible childcare center

Week of:

Avon Lake: Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cheerios Banana Milk	Nutri-grain Fruit Cup Milk	Cheerios Fruit Cup Milk	Yogurt Bar Fruit Milk	Berry Muffins Applesauce Milk
AM Snack	Muffins Milk	Vanilla Wafers Fresh Fruit Water	Cinnamon Rolls Milk	Animal Cookies Fresh Fruit Water	Graham Crackers Fresh Fruit Water
Lunch	Texas Toast Pep. Pizza Corn Pears Milk	Chicken Alfredo Pasta Peas & Carrots Peaches Milk	Chef's Choice Protein Grain Vegetable Fruit Milk	Mini Waffles Turkey Sausage Broccoli Fruit Cocktail Milk	Grilled Cheese Mixed Veggies Berries Milk
PM Snack	Veggie Straws Ranch Dip Water	Tortillas Salsa Water	Mini Bagels Cream Cheese Spread Water	Popcorn/Puffs Cheese Sticks Water	Pita Hummus Water



sweet kiddles[®]
flexible childcare center

Week of: _____

Hudson: Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Pancakes Strawberries Milk	Cereal Banana Milk	Wheat toast with butter Oranges Milk	Pancakes Pears Milk	Waffles Applesauce Milk	
AM Snack	Graham Crackers Bananas	Vanilla Wafers Strawberries	Mini Blueberry Muffins Apples	Cereal bars Bananas	Animal crackers Pears	Granola Bars Milk
Lunch	Chicken & Rice Lo Mein Carrots Apples Milk	Grilled Cheese Sandwiches Peas Pears Milk	Chicken Nuggets Applesauce Corn Milk	Spaghetti Mixed Vegetables Pineapple Milk	Chicken Patty Sandwich Broccoli Oranges Milk	Chef's choice Protein Grain Vegetable Fruit Milk
PM Snack	Salsa & tortilla chips	Fresh Veggies w/ Ranch Milk	Yogurt Sundae with Granola	Granola Bars Pears	Trail mix	Cheese sticks Apple slices
Evening Snack	Pretzels Raisins	Veggie Straws Milk	Cheese Sticks Wheat Crackers	Vanilla Wafers Oranges	Pretzels Raisins	Granola bar Fresh fruit



sweet kiddles[®]
flexible childcare center

Week of: _____

Medina: Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cheerios Fresh Fruit Milk	Banana & Yogurt Milk	Pancakes w/syrup Fresh Fruit Milk	Raisin Bread Fresh Fruit Milk	Kix Cereal Fresh Milk	
AM Snack	Granola Bar Milk	Cheese Crackers 100% Fruit Juice	Cereal Bars Milk	Vanilla Wafers 100% Fruit Juice	Ritz Crackers Fresh Fruit	
Lunch	Hot Ham & Cheese Sliders Cucumbers Fresh Fruit Milk	Cheesy Dippers Meat sauce Mixed Veggies Peaches Milk	Cheeseburger on a bun California Blend Fresh Fruit Milk	Fish Sticks Tator Tots Peas Fruit Cocktail Milk	Croissant Pizza Corn Applesauce Milk	
PM Snack	GoGurt ½ Banana	Animal Crackers Milk	Homemade Trail Mix Milk	Goldfish 100% Fruit Juice	Pretzels Fresh Fruit	
Evening Snack	Animal Crackers 100% Fruit Juice	Cheese Popcorn Milk	Ritz Crackers Cheese Stick	Vanilla Wafers 100% Fruit Juice	Popcorn 100% Fruit Juice	



sweet kiddles[®]
flexible childcare center

Week of:

Strongsville Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal Fruit cup Milk	Muffins Fresh cup Milk	Bagel Cream Cheese Fruit cup Milk	Cereal Fresh cup Milk	Cereal bar Fruit cup Milk
AM Snack	Yogurt Graham Cracker Water	Cheese Fruit Water	Nutri-grain Bar Milk	Cereal Mix Milk	Banana Vanilla Wafers Water
Lunch	Waffles Turkey Sausage Hash Browns Berry Cup Milk	Chicken Nuggets Egg Noodles Corn Grapes Milk	Mac & Cheese Broccoli Pears Milk	Sloppy Joe w/ Bun Green Peas Strawberry Applesauce Milk	English Muffin Cheese Pizza Tossed Salad w/Ranch Pineapple Tidbits Milk
PM Snack	Crackers Fresh Veggies w/ranch Water	Pretzels Hummus Water	Goldfish Raisins Water	Veggie Straws Salsa Water	Popcorn/Puffs 100% Fruit Juice



sweet kiddles[®]

flexible childcare center

Week of:

UC: Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Fruit Cereal Bar Milk	Cereal Fruit Milk	Cereal Bar Fruit Milk	Mini Muffins Fruit Milk	Oatmeal Cereal Milk	
AM Snack	SK Trail Mix Milk	Fresh Fruit Milk	Veggie Straws Milk	Pretzels/Raisins Milk	Veggies and Hummus	
Lunch	Turkey and Cheese Rollup Fresh Berries Cucumbers Milk	Chef's choice Protein Grain Veggie Fruit Milk	Pizza Corn Peaches Milk	Waffles Turkey Sausage Hash browns Pears Milk	Cheese Ravioli Green Beans Pineapple Milk	
PM Snack	Nila Wafers and String Cheese	Raisin Bread & Butter	Gogurt and Mini Muffins	Flavored Rice Cakes Milk	Cheese and crackers	