



**sweet kiddles**<sup>®</sup>  
flexible childcare center

Week of:

Avon Lake: Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Muffins Fruit Cup Milk	Cheerios Apple Slices Milk	Nutri-grain bars Fruit Cup Milk	Oatmeal Fruit cup Milk	Chex cereal Fruit Cup Milk
<b>AM Snack</b>	Veggie Straws Fresh Fruit	Banana Vanilla Wafers	Muffins Milk	Apples Cheez-Its	Raisins Granola Bar
<b>Lunch</b>	Mini Corn Dogs Green Beans Fresh Fruit Milk	Chicken Sandwich Broccoli Fresh Fruit Milk	Turkey & Cheese Sliders Cucumbers Pineapple Milk	Pancakes Turkey Sausage Corn Pears Milk	Pasta with Meat Sauce Broccoli Peaches Milk
<b>PM Snack</b>	Crackers Cheese Sticks	Veggie Straws Fresh Fruit	Yogurt Fresh Fruit	Graham Crackers Milk	Popcorn/Puffs Raisins



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Week of:

Hudson: Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	French Toast Sticks Banana Milk	Pancakes Applesauce Milk	Cereal Oranges Milk	Waffles Banana Milk	Blueberry Muffins Milk	
<b>AM Snack</b>	Vanilla Wafers Yogurt	Pita Bread Hummus	Pretzels and Raisins	Cheese Cubes Wheat Crackers	Animal crackers Pears	Pretzel Rods Milk
<b>Lunch</b>	Rigatoni with Alfredo sauce Garlic Bread Broccoli Fresh Fruit Milk	Chicken Parmesan Broccoli Mango Milk	Mini Corn Dogs Peas Pears Milk	English Muffin Pizzas Mixed Veggies Peaches Milk	Meatball Sub Green Beans Apple Slices Milk	Chef's choice Protein Grain Vegetable Fruit Milk
<b>PM Snack</b>	Tortilla Chips Salsa	Fresh Veggies Ranch	Apple Slices Yogurt	Granola Bars Milk	Fresh Fruit Yogurt	Cheese sticks Apple slices
<b>Evening Snack</b>	Goldfish Milk	Veggie Straws Milk	Animal Crackers Milk	Pretzels and Raisins	Cheese and Crackers	Granola bar Fresh fruit



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Week of: \_\_\_\_\_

Medina: Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Cheerios Fresh Fruit Milk	Yogurt and Banana Milk	Pancakes w/syrup Fresh Fruit Milk	Raisin Bread Fresh Fruit Milk	Kix Cereal Fresh Fruit Milk	
<b>AM Snack</b>	Goldfish 100% Fruit Juice	Granola Bars Milk	Cheese Crackers Fresh Fruit	Cereal Bars Milk	Animal Crackers 100% Fruit Juice	
<b>Lunch</b>	Texas Toast Pizza Corn Pineapple Milk	Ham and Cheese Croissants Peas Peaches Milk	Spaghetti and Meat Sauce Green Beans Fresh Fruit Milk	Pierogies Mixed Veggies Applesauce Milk	Macaroni and Cheese California Blend Fresh Fruit Milk	
<b>PM Snack</b>	Ritz Crackers Cheese Slices	Mini Cheese Cracker Sandwiches Milk	Rice Cakes w/Cream Cheese and Fresh Fruit	Blueberry Muffins Milk	Cheese Popcorn Milk	
<b>Evening Snack</b>	Animal Crackers 100% Fruit Juice	Cheese Popcorn Milk	Ritz Crackers Cheese Stick	Vanilla Wafers 100% Fruit Juice	Popcorn 100% Fruit Juice	



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Week of:

Strongsville Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal Fruit cup Milk	Muffins Fruit cup Milk	Bagel Cream Cheese Fruit cup Milk	Cereal Fruit cup Milk	Cereal bar Fruit cup Milk
AM Snack	Yogurt Graham Cracker Water	Cheese Fruit Water	Nutri-grain Bar Milk	Cereal Mix Milk	Bananas Vanilla Wafers Water
Lunch	French Toast Sticks Turkey Sausage Berry Cup Mixed Veggies Milk	Soft Tacos Fiesta Corn Fruit cocktail Milk	Crispy Chicken Sandwich Sweet Potato Fries Pears Milk	Meatloaf Country Vegetables Grapes Milk	Cheese Ravioli w/ Marinara Tossed Salad w/ Ranch Pineapples Tidbits Milk
PM Snack	Crackers Fresh Veggies w/ranch Water	Pretzels Hummus Water	Goldfish Raisins Water	Veggie Straws Salsa Water	Popcorn/Puffs 100% Fruit Juice



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Week of:

UC: Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Mini Muffins Fruit Milk	Cereal Fruit Milk	Pancakes Fruit Milk	Cereal Bar Fruit Milk	Mini Muffins Fruit Milk	
<b>AM Snack</b>	Homemade Trail Mix Milk	Cucumbers and Ranch Milk	Teddy Grahams Milk	Fresh Fruit w/ dip Milk	Popcorn/ Puffs Milk	
<b>Lunch</b>	Mac and Cheese Oranges Broccoli Milk	Homemade Lunchable Melon Green Beans Milk	Chicken and Rice Peas Banana Milk	French Toast Turkey Bacon Applesauce Cucumbers Milk	Chicken Nuggets Tots Oranges Milk	
<b>PM Snack</b>	Pretzel Rods Milk	Cheerios Milk	Fruit Muffins Milk	Mini Bagels with cream cheese Milk	Homemade Trail mix Milk	