



sweet kiddles®
flexible childcare center

Week of:

Avon Lake: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Chex Cereal Fruit Cocktail Milk	Yogurt Bar Milk	Mini Pop tarts Mangos Milk	Cheerios ½ Banana Milk	Oatmeal Fruit Cocktail Milk
AM Snack	Rice Cakes Milk	Fruit Muffins ½ Banana	Vanilla Wafers Berries	Cheese Sticks Crackers	Graham Crackers Grapes
Lunch	Chicken Nuggets Corn Pears Milk	Mac and Cheese Green beans Applesauce Milk	Ham and Cheese Sliders Broccoli Fruit Cocktail Milk	Soft Tacos Mixed Veggies Pineapple Milk	Cheese and Pepperoni Pizza Calzones Peas, Carrots, Peaches Milk
PM Snack	Animal Crackers Apples	Gogurt Veggie Straws	Cheese Itz Milk	Popcorn / Puffs Oranges	Queso and Chips or WW Soft Tortilla



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Week of: _____

Hudson: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cereal Banana Milk	Pancakes Pears Milk	Fruit Bars Milk	Pancakes Peaches Milk	Raisin Bread Oranges Milk	
AM Snack	Goldfish Mixed Fruit	Animal Crackers Yogurt	Pretzels and Raisins	Mini Muffins Milk	Teddy Grahams Cheese Stick	Graham Crackers Milk
Lunch	Ham and Cheese Sliders Tater Tots Apple Slices Milk	Fish Sticks Green Beans Applesauce Milk	Grilled Cheese Sandwich Applesauce Peas Milk	Macaroni and Cheese Broccoli Mixed Fruit Milk	Cheese Quesadillas Green Beans Pears Milk	Chef's choice Protein Grain Vegetable Fruit Milk
PM Snack	Veggie Straws Milk	Wheat Crackers Cheese Cubes	Cheez-Its Milk	Fresh Veggies w/ Ranch Milk	Yogurt Granola	Fresh Veggies w/ Ranch Milk
Evening Snack	Granola Bar Milk	Graham Crackers Milk	Cheez-It's Milk	Tortilla Chips Salsa	Puffed Corn Raisins	Granola bar Fresh fruit



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Week of: _____

Medina: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Life Cereal Fresh Fruit Milk	English Muffin w/Jelly Fresh Fruit Milk	Waffles w/syrup Fresh Fruit Milk	Raisin Bread Fresh Fruit Milk	Kix Cereal Fresh Fruit Milk	
AM Snack	Popcorn Milk	Animal Crackers Fresh Fruit	Vanilla Wafers 100% Fruit Juice	Fresh Fruit Cheese Stick	Goldfish 100% Fruit Juice	
Lunch	Chicken Nuggets Buttered Noodles Green Beans Fruit Cocktail Milk	Meatball Subs Mixed Vegetables Fresh Fruit Milk	Cheese Quesadillas Corn Pineapple Milk	Grilled Cheese Broccoli Applesauce Milk	Sloppy Joes Peas Fresh Fruit Milk	
PM Snack	Cereal Bars Milk	Pretzels with Ranch Dip	Teddy Grahams Milk	Cheese Crackers 100% Fruit Juice	Veggie Straws Milk	
Evening Snack	Granola Bar Milk	Vanilla Wafers Milk	Veggie Straws Milk	Cheese Crackers 100% Fruit Juice	Popcorn 100% Fruit Juice	



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Week of:

Strongsville Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal Fruit cup Milk	Muffins Fresh fruit Milk	Bagel Cream Cheese Fruit cup Milk	Cereal Fresh fruit Milk	Cereal bar Fresh cup Milk
AM Snack	Yogurt Graham Cracker Water	Cheese Fruit Water	Fresh Fruit Animal Crackers Water	Banana Vanilla Wafers Water	Cereal Mix Milk
Lunch	Breakfast Pizza Fruit Milk	Cheeseburger on Bun Baked beans Peaches Milk	Turkey Wrap w/ Ranch Cucumber Slices Melon Milk	Chicken Parm Sliders Tots Mandarin Oranges Milk	Bowtie Alfredo Mixed Vegetables Fruit Cocktail Milk
PM Snack	Crackers Fresh Veggies w/ranch Water	Pretzels Hummus Water	Goldfish Raisins Water	Corn Chips Salsa Water	Popcorn/Puffs 100% Fruit Juice



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Week of:

UC: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cereal Fruit Milk	Oatmeal Fruit Milk	Cereal Bar Fruit Milk	Mini Muffins Fruit Milk	Cereal Fruit Milk	
AM Snack	Homemade Trail Mix Fruit	Cheerios Fresh Fruit Milk	Granola Bars Milk	Fresh Fruit Yogurt	Goldfish Fresh Fruit	
Lunch	Pancakes Turkey Sausage Broccoli Melon Milk	Spaghetti and Meatballs Cucumbers Pears Milk	Sun Butter/Jelly Sandwich Peas Pineapple Milk	Fish Sticks Cucumbers Banana Milk	Veggie Pasta Fresh Fruit Butter Bread Milk	
PM Snack	Cheese Sticks and Pretzels Milk	Cheerio/Dried Fruit Mix Milk	Popcorn/Puffs Fruit	SK Trail Mix Milk	Cheese Its Raisins	