



sweet kiddles[®]

flexible childcare center

Week of:

Avon Lake; Week 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|--|--|--|--|--|
| Breakfast | Muffins Pears Milk | Cheerios Apple slices Milk | Nutri-grain bars Oranges Milk | Oatmeal Fruit Cocktail Milk | Chex cereal Applesauce Milk |
| AM Snack | Goldfish Crackers Berries | Ultra Thin Pretzels/ Crackers Raisins/Fruit | Muffins Milk | Veggie Straws Berries | Granola Bar Apples |
| Lunch | French Bread Pizza Peas Mandarin Oranges Milk | Chicken and Rice Bake Corn Fruit Cocktail Milk | Mini Corn Dogs Green Beans Peaches Milk | French Toast Sticks Sausage Mixed Veggies Applesauce Milk | Turkey and Cheese roll ups Broccoli Pears Milk |
| PM Snack | Crackers Cheese Sticks Water | Animal Crackers ½ Banana Water | Soft Tortilla or Chips and Cheese Sauce Water | Flavored rice cakes Oranges Water | Gogurt Popcorn or puffs Water |



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Week of: _____

Hudson: Week 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----------------------|---|--|---|---|---|---|
| Breakfast | French Toast Sticks Banana Milk | Sausage Links English Muffin Milk | Cereal Oranges Milk | Waffles Banana Milk | Blueberry Muffins Milk | |
| AM Snack | Vanilla Wafers Yogurt | Pita Bread Hummus | Pretzels and Raisins | Cheese Cubes Wheat Crackers | Animal crackers Pears | Pretzel Rods Milk |
| Lunch | Fettucine Alfredo Garlic Bread Broccoli Fresh Fruit Milk | Cheeseburger Soup Green Beans Mango Milk | Mini Corn Dogs Peas Pears Milk | Chicken Wraps Mixed Veggies Peaches Milk | Meatball Sub Green Beans Apple Slices Milk | Chef's choice Protein Grain Vegetable Fruit Milk |
| PM Snack | Tortilla Chips Salsa | Fresh Veggies Ranch | Apple Slices Yogurt | Granola Bars Milk | Fresh Fruit Yogurt | Cheese sticks Apple slices |
| Evening Snack | Goldfish Milk | Veggie Straws Milk | Animal Crackers Milk | Pretzels and Raisins | Cheese and Crackers | Granola bar Fresh fruit |



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Week of: _____

Medina: Week 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----------------------|---|--|---|--|---|----------|
| Breakfast | Cheerios Fresh Fruit Milk | Yogurt and Banana Milk | Pancakes w/syrup Fresh Fruit Milk | Raisin Bread Fresh Fruit Milk | Kix Cereal Fresh Fruit Milk | |
| AM Snack | Goldfish 100% Fruit Juice | Granola Bars Milk | Cheese Crackers Fresh Fruit | Cereal Bars Milk | Animal Crackers 100% Fruit Juice | |
| Lunch | Texas Toast Pizza Corn Pineapple Milk | Ham and Cheese Croissants Peas Peaches Milk | Spaghetti and Meat Sauce Green Beans Fresh Fruit Milk | Pierogies Mixed Veggies Applesauce Milk | Macaroni and Cheese California Blend Fresh Fruit Milk | |
| PM Snack | Ritz Crackers Cheese Slices | Mini Cheese Cracker Sandwiches Milk | Rice Cakes w/Cream Cheese and Fresh Fruit | Blueberry Muffins Milk | Cheese Popcorn Milk | |
| Evening Snack | Animal Crackers 100% Fruit Juice | Cheese Popcorn Milk | Ritz Crackers Cheese Stick | Vanilla Wafers 100% Fruit Juice | Popcorn 100% Fruit Juice | |



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Week of:

Strongsville Week 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------|--|---|--|---|--|
| Breakfast | Cereal Fruit cup Milk | Muffins Fresh fruit Milk | Bagel Cream Cheese Fruit cup Milk | Cereal Fresh fruit Milk | Cereal bar Fresh cup Milk |
| AM Snack | Yogurt Graham Cracker Water | Cheese Fruit Water | Fresh Fruit Animal Crackers Water | Banana Vanilla Wafers Water | Cereal Mix Milk |
| Lunch | Cream Cheese Stuffed French Toast Turkey Sausage Berry Cup Milk | Soft Tacos w/sour cream & salsa Fiesta Corn Cinnamon Apples Milk | Crispy Chicken Sandwich w/ Lettuce and Tomato Sweet Potato Fries Pears Milk | Meatloaf Country Vegetables Grapes Milk | Cheese Ravioli w/ Marinara Tossed Salad w/ Ranch Pineapples Tidbits Milk |
| PM Snack | Crackers Fresh Veggies w/ranch Water | Pretzels Hummus Water | Goldfish Raisins Water | Corn Chips Salsa Water | Popcorn/Puffs 100% Fruit Juice |



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Week of:

UC: Week 3

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------|--|---|---|---|---|----------|
| Breakfast | Mini Muffins Fruit Milk | Cereal Fruit Milk | Pancakes Fruit Milk | Cereal Bar Fruit Milk | Mini Muffins Fruit Milk | |
| AM Snack | Homemade Trail Mix Milk | Cucumbers and Ranch Milk | Teddy Grahams Milk | Fresh Fruit w/ dip Milk | Popcorn/ Puffs Milk | |
| Lunch | Mac and Cheese Oranges Broccoli Milk | Homemade Lunchable Melon Green Beans Milk | Chicken and Rice Peas Banana Milk | French Toast Turkey Bacon Applesauce Cucumbers Milk | Chicken Nuggets Tots Oranges Milk | |
| PM Snack | Pretzel Rods Milk | Cheerios Milk | Fruit Muffins Milk | Mini Bagels with cream cheese Milk | Homemade Trail mix Milk | |
| | | | | | | |