



sweet kiddles[®]
flexible childcare center

Week of: _____

Avon Lake: Week 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------------|--|--|---|--|--|
| Breakfast | ½ Banana Cheerios Milk | Nutri-grain bar Fruit Cocktail Milk | Raspberries Plain Cheerios Milk | Yogurt bar Oranges Milk | Berry Muffins Applesauce Milk |
| AM Snack | Vanilla Wafers Milk | Animal Crackers ½ Banana | Goldfish crackers Apple slices | Rice Cakes Berries | Veggie Straws Orange slices |
| Lunch | Turkey & cheese roll-ups Carrots(raw or steamed) Fruit Cocktails Milk | Mac and Cheese Peas Fresh Berries Milk | Chicken Alfredo Corn Jell-O Fruit Salad Milk | Slider burgers Fries Carrots Applesauce Milk | French Bread Pizza Broccoli Pineapple Milk |
| PM Snack | Cheezits Fruit/Raisins Water | Cheese sticks Crackers Water | Chocolate Chip Muffins Milk | Popcorn or puffs Yogurt tube Water | Graham Crackers Grapes Water |



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Hudson: Week 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|----------------------|---|---|---|--|---|---|
| Breakfast | Fresh berries Biscuits with jelly Milk | Cereal Banana Milk | Wheat toast with butter Oranges Milk | Pancakes Pears Milk | Wheat bagels with cream cheese Peaches Milk | |
| AM Snack | Milk Graham Crackers | Vanilla Wafers Yogurt | Cottage Cheese Fresh Fruit | Cereal bars Milk | Animal crackers Pears | Granola Bars Milk |
| Lunch | Turkey & cheese sandwiches Carrots Apples Milk | Chicken Nuggets Applesauce Corn Milk | Garlic Bread Pizzas Peas Pears Milk | Cheesy Chicken and Rice Broccoli Pineapple Milk | Chicken Patty Sandwich Broccoli Oranges Milk | Chef's choice Protein Grain Vegetable Fruit Milk |
| PM Snack | Salsa & tortilla chips | Fresh Veggies w/ Ranch Milk | Celery Raisins | Pita Bread Hummus | Trail mix | Cheese sticks Apple slices |
| Evening Snack | Pretzels Raisins | Veggie Straws Milk | Cheese Sticks Wheat Crackers | Vanilla Wafers Oranges | Pretzels Raisins | Granola bar Fresh fruit |



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Medina: Week 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------------------------|---|--|---|---|---|----------|
| Breakfast | Cheerios Fresh Fruit Milk | Banana & Yogurt Milk | Pancakes w/syrup Fresh Fruit Milk | Raisin Bread Fresh Fruit Milk | Kix Cereal Fresh Milk | |
| AM Snack | Granola Bar Milk | Cheese Crackers 100% Fruit Juice | Cereal Bars Milk | Vanilla Wafers 100% Fruit Juice | Ritz Crackers Fresh Fruit | |
| Lunch | Hot Ham & Cheese Sliders Cucumbers Fresh Fruit Milk | Cheesy Dippers Meat sauce Mixed Veggies Peaches Milk | Cheeseburger on a bun California Blend Fresh Fruit Milk | Fish Sticks Tator Tots Peas Fruit Cocktail Milk | Croissant Pizza Corn Applesauce Milk | |
| PM Snack | GoGurt ½ Banana | Animal Crackers Milk | Homemade Trail Mix Milk | Goldfish 100% Fruit Juice | Pretzels Fresh Fruit | |
| Evening Snack | Animal Crackers 100% Fruit Juice | Cheese Popcorn Milk | Ritz Crackers Cheese Stick | Vanilla Wafers 100% Fruit Juice | Popcorn 100% Fruit Juice | |



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Strongsville Week 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|-----------|---|--|--|--|--|
| Breakfast | Cereal Fruit cup Milk | Muffins Fresh fruit Milk | Bagel Cream Cheese Fruit cup Milk | Cereal Fresh fruit Milk | Cereal bar Fresh cup Milk |
| AM Snack | Yogurt Graham Cracker Water | Cheese Fruit Water | Fresh Fruit Animal Crackers Water | Banana Vanilla Wafers Water | Cereal Mix Milk |
| Lunch | Waffles Turkey Sausage Hash Browns Berry Cup Milk | Chicken Nuggets Egg Noddles Corn Grapes Milk | Mac & Cheese Broccoli Pears Milk | Sloppy Joe w/ Bun Green Peas Strawberry Applesauce Milk | English Muffin Cheese Pizza Tossed Salad w/Ranch Pineapple Tidbits Milk |
| PM Snack | Crackers Fresh Veggies w/ranch Water | Pretzels Hummus Water | Goldfish Raisins Water | Corn Chips Salsa Water | Popcorn/Puffs 100% Fruit Juice |



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Week of:

UC: Week 1

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------|---|--|----------------------------------|--|--|----------|
| Breakfast | Fruit Cereal Bar Milk | Cereal Fruit Milk | Cereal Bar Fruit Milk | Mini Muffins Fruit Milk | Oatmeal Cereal Milk | |
| AM Snack | SK Trail Mix Milk | Fresh Fruit Milk | Veggie Straws Milk | Pretzels/Raisins Milk | Veggies and Hummus | |
| Lunch | Turkey and Cheese Rollup Fresh Berries Cucumbers Milk | Chef's choice Protein Grain Veggie Fruit Milk | Pizza Corn Peaches Milk | Waffles Turkey Sausage Hash browns Pears Milk | Cheese Ravioli Green Beans Pineapple Milk | |
| PM Snack | Nila Wafers and String Cheese | Raisin Bread | Gogurt and Mini Muffins | Flavored Rice Cakes Milk | Cheese and crackers | |