



**sweet kiddles**®  
flexible childcare center

Week of:

Avon Lake: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Chex Cereal Fruit Cocktail Milk	Yogurt Bar Milk	Mini Pop tarts Mangos Milk	Cheerios ½ Banana Milk	Oatmeal Fruit Cocktail Milk
<b>AM Snack</b>	Cheese Sticks and Crackers	Fruit Muffins Blueberries	Cheerios with Fruit Cocktail Milk	Apple Slices Ultra thin Pretzels	Grahams Raisins/Fruit Cocktail
<b>Lunch</b>	Chicken Nuggets Buttered Bread Corn Strawberries Milk	Swedish Meatballs Noodles Green beans Applesauce Milk	Ham and Cheese Sliders Broccoli Pears Milk	Taco Meat and or wrap Cheese Nachos Tossed Salad/Greens Pineapple Milk	Cheese Pizza Calzones Peas, Carrots, Potatoes Watermelon Milk
<b>PM Snack</b>	SK Trail Mix Milk	Gogurt Veggie Straws	Cheese Itz Milk	Popcorn / Puffs Raisins/Canned Oranges	Salsa/Gauc. and Chips or WW Soft Tortilla



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Week of: \_\_\_\_\_

Hudson: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Cereal Banana Milk	Pancakes Pears Milk	Fruit Bars Milk	Pancakes Peaches Milk	Raisin Bread Oranges Milk	
<b>AM Snack</b>	Goldfish Mixed Fruit	Animal Crackers Yogurt	Pretzels and Raisins	Mini Muffins Milk	Teddy Grahams Cheese Stick	Graham Crackers Milk
<b>Lunch</b>	Ham and Cheese Sliders Tater Tots Apple Slices Milk	Fish Sticks Green Beans Applesauce Milk	Grilled Cheese Sandwich Applesauce Peas Milk	Macaroni and Cheese Broccoli Mixed Fruit Milk	Cheese Quesadillas Green Beans Pears Milk	Chef's choice Protein Grain Vegetable Fruit Milk
<b>PM Snack</b>	Veggie Straws Milk	Wheat Crackers Cheese Cubes	Cheez-Its Milk	Fresh Veggies w/ Ranch Milk	Yogurt Granola	Fresh Veggies w/ Ranch Milk
<b>Evening Snack</b>	Granola Bar Milk	Graham Crackers Milk	Cheez-It's Milk	Tortilla Chips Salsa	Puffed Corn Raisins	Granola bar Fresh fruit



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Week of: \_\_\_\_\_

Medina: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Life Cereal Fresh Fruit Milk	English Muffin w/Jelly Fresh Fruit Milk	Waffles w/syrup Fresh Fruit Milk	Raisin Bread Fresh Fruit Milk	Kix Cereal Fresh Fruit Milk	
<b>AM Snack</b>	Popcorn Milk	Animal Crackers Fresh Fruit	Vanilla Wafers 100% Fruit Juice	Fresh Fruit Cheese Stick	Goldfish 100% Fruit Juice	
<b>Lunch</b>	Chicken Nuggets Buttered Noodles Green Beans Fruit Cocktail Milk	Meatball Subs Mixed Vegetables Fresh Fruit Milk	Cheese Quesadillas Corn Pineapple Milk	Grilled Cheese Broccoli Applesauce Milk	Sloppy Joes Peas Fresh Fruit Milk	
<b>PM Snack</b>	Cereal Bars Milk	Pretzels with Ranch Dip	Teddy Grahams Milk	Cheese Crackers 100% Fruit Juice	Veggie Straws Milk	
<b>Evening Snack</b>	Granola Bar Milk	Vanilla Wafers Milk	Veggie Straws Milk	Cheese Crackers 100% Fruit Juice	Popcorn 100% Fruit Juice	



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Week of:

Strongsville Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Cereal Fruit cup Milk	Muffins Fresh fruit Milk	Bagel Cream Cheese Fruit cup Milk	Cereal Fresh fruit Milk	Cereal bar Fresh cup Milk
<b>AM Snack</b>	Yogurt Graham Cracker Water	Cheese Fruit Water	Fresh Fruit Animal Crackers Water	Banana Vanilla Wafers Water	Cereal Mix Milk
<b>Lunch</b>	Breakfast Pizza Fruit Milk	Cheeseburger on Bun Baked beans Peaches Milk	Turkey Wrap w/ Ranch Cucumber Slices Melon Milk	Chicken Parm Sliders Tots Mandarin Oranges Milk	Bowtie Alfredo Mixed Vegetables Fruit Cocktail Milk
<b>PM Snack</b>	Crackers Fresh Veggies w/ranch Water	Pretzels Hummus Water	Goldfish Raisins Water	Corn Chips Salsa Water	Popcorn/Puffs 100% Fruit Juice



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Week of:

UC: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Cereal Fruit Milk	Oatmeal Fruit Milk	Cereal Bar Fruit Milk	Mini Muffins Fruit Milk	Cereal Fruit Milk	
<b>AM Snack</b>	SK Trail Mix Fruit	Animal Crackers Milk	Veggie Straws Milk	Fresh Fruit Yogurt	Goldfish Fresh Fruit	
<b>Lunch</b>	Pancakes Turkey Bacon Broccoli Fruit Milk	Meatballs Buttered Noodles Cucumbers Pears Milk	Grilled Cheese Peas Pineapple Milk	Fish Sticks Cucumbers Fruit Milk	Pasta Fresh Fruit Fresh Veggie Milk	
<b>PM Snack</b>	Granola Bar Milk	Cheese Sticks Milk	Popcorn/Puffs Fruit	SK Trail Mix Milk	Cheese Its Raisins	