



sweet kiddles®

flexible childcare center

Week of:

Avon Lake: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Chex Cereal Fruit Cocktail Milk	Raisin Bread Milk	Toast with Jelly Blueberries Milk	KIX Cereal ½ Banana Milk	Oatmeal Fruit Cocktail Milk
AM Snack	Cheese Sticks And WW Crackers	Muffins Blueberries	Cheerios with Fruit Cocktail Milk	Apple Slices Ultra thin Pretzels	Grahams Raisins/Fruit Cocktail
Lunch	Chicken Nuggets Buttered Bread Corn Strawberries Milk	Swedish Meatballs Noodles Green beans Applesauce Milk	Ham and Cheese Sliders Broccoli Pears Milk	Taco Meat and or WW wrap Cheese Nachos Tossed Salad/Greens Pineapple Milk	Cheese Pizza Calzones Mixed Veggies Watermelon Milk
PM Snack	SK Trail Mix Milk	Gogurt Veggie Straws	Cheese Itz Milk	Popcorn / Puffs Raisins/Canned Oranges	Salsa/Gauc. and Chips or WW Soft Tortilla
Evening Snack	Graham Crackers Raisins	Veggie Straws Fresh Fruit	Animal Cracker Fruit	Celery Raisins Cream Cheese	Yogurt with Fruit and Granola



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Week of: _____

Hudson: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cereal Banana Milk	Pancakes Pears Milk	Fruit Bars Milk	Pancakes Peaches Milk	Raisin Bread Oranges Milk	
AM Snack	Goldfish Mixed Fruit	Animal Crackers Yogurt	Pretzels and Raisins	Mini Muffins Milk	Teddy Grahams Cheese Stick	Graham Crackers Milk
Lunch	Ham and Cheese Sliders Tater Tots Apple Slices Milk	Fish Sticks Green Beans Applesauce Milk	Grilled Cheese Sandwich Applesauce Peas Milk	Macaroni and Cheese Broccoli Mixed Fruit Milk	Cheese Quesadillas Green Beans Pears Milk	Chef's choice Protein Grain Vegetable Fruit Milk
PM Snack	Veggie Straws Milk	Wheat Crackers Cheese Cubes	Cheez-Its Milk	Fresh Veggies w/ Ranch Milk	Yogurt Granola	Fresh Veggies w/ Ranch Milk
Evening Snack	Granola Bar Milk	Graham Crackers Milk	Cheez-It's Milk	Tortilla Chips Salsa	Puffed Corn Raisins	Granola bar Fresh fruit



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Medina: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Life Cereal Fresh Fruit Milk	English Muffin w/Jelly Fresh Fruit Milk	Waffles w/syrup Fresh Fruit Milk	Raisin Bread Fresh Fruit Milk	Kix Cereal Fresh Fruit Milk	
AM Snack	Popcorn Milk	Animal Crackers Fresh Fruit	Vanilla Wafers 100% Fruit Juice	Fresh Fruit Cheese Stick	Goldfish 100% Fruit Juice	
Lunch	Chicken Nuggets Buttered Noodles Green Beans Fruit Cocktail Milk	Meatball Subs Mixed Vegetables Fresh Fruit Milk	Cheese Quesadillas Corn Pineapple Milk	Grilled Cheese Broccoli Applesauce Milk	Sloppy Joes Peas Fresh Fruit Milk	
PM Snack	Cereal Bars Milk	Pretzels with Ranch Dip	Teddy Grahams Milk	Cheese Crackers 100% Fruit Juice	Veggie Straws Milk	
Evening Snack	Granola Bar Milk	Vanilla Wafers Milk	Veggie Straws Milk	Cheese Crackers 100% Fruit Juice	Popcorn 100% Fruit Juice	



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Week of:

Strongsville Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal Fruit cup Milk	Muffins Fresh fruit Milk	Bagel Cream Cheese Fruit cup Milk	Cereal Fresh fruit Milk	Cereal bar Fresh cup Milk
AM Snack	Yogurt Graham Crackers Water	Hummus Crackers Water	Cheese Fresh fruit Water	Pretzels & Raisins Water	Muffins Milk
Lunch	Cheese Quesadilla Broccoli Mixed Fruit Milk	Cheeseburger on Bun Baked beans Peaches Milk	English Muffin Pizza Green Peas Bananas Milk	Waffles Sausage Corn Applesauce Milk	Ravioli and sauce Green Beans Fresh Fruit Milk
PM Snack	Goldfish Raisins Water	Cheese Fruit Water	Fresh Veggies w/Ranch, Milk	Graham Crackers Milk	Fresh Fruit Salad Milk
Evening Snack 7:00	Granola Bar Milk	Crackers Milk	Cereal bar Milk	Cheese crackers Milk	Graham crackers Milk



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Week of: _____

UC: Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cereal Fruit Milk	Oatmeal Fruit Milk	Cereal Bar Fruit Milk	Mini Muffins Fruit Milk	Cereal Fruit Milk	
AM Snack	SK Trail Mix Fruit	Animal Crackers Milk	Veggie Straws Milk	Fresh Fruit Yogurt	Goldfish Fresh Fruit	
Lunch	Pancakes Turkey Bacon Broccoli Fruit Milk	Meatballs Buttered Noodles Cucumbers Pears Milk	Cheese Quesadilla Peas Pineapple Milk	Fish Sticks Cucumbers Apple Slices Milk	Pasta Fresh Fruit Fresh Veggie Milk	
PM Snack	Granola Bar Milk	Cheese Sticks Milk	Popcorn/Puffs Fruit	SK Trail Mix Milk	Cheese Its Raisins	

Please pack a dinner if staying past 6:30pm.