



# sweet kiddles<sup>®</sup>

flexible childcare center

Week of:

Avon Lake: Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Oatmeal Raisins Milk	WW Mini Bagels with Jelly Apples Milk	Kix Cereal ½ Banana Milk	Yogurt with Granola Raspberries Milk	WW Waffles w/ Syrup Oranges Milk
<b>AM Snack</b>	Flavored Rice Cakes Grapes/Canned Oranges	Berries Graham Crackers	Granola Bars Raisins/Orange	WW Crackers and Cheese Sticks	Corn Muffins Blueberries
<b>Lunch</b>	Chicken and Cheese Wraps Green Beans Pears Milk	WW Pasta with Meat Sauce Carrots, Cauliflower and Broccoli Pineapple Milk	WW Grilled Cheese Peas Strawberries Milk	WW Pancakes Sausage Corn Oranges Milk	Grilled Chicken Alfredo WW Pasta Broccoli Watermelon Milk
<b>PM Snack</b>	Gogurt Graham Crackers	Nila Wafers ½ Banana	WW Crackers with Cinnamon Applesauce	Ultra thin Pretzels and Gogurt	SK Trail Mix (cereal, raisins, crackers) Milk
<b>Evening Snack (if here after 7 pm)</b>	WW Goldfish Raisins	Veggie Straws Cheese Stick	WW Tortilla and Hummus	Graham Crackers Applesauce	W Wheat Crackers Cheese Cubes



**sweet kiddles**<sup>®</sup>  
flexible childcare center

Week of: \_\_\_\_\_

Hudson: Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Cereal Applesauce Milk	Pancakes Banana Milk	Wheat toast with butter Oranges Milk	Egg Patty English Muffin Milk	Waffles Milk ½ Banana	
<b>AM Snack</b>	Yogurt Graham Crackers	Carrots Hummus Milk	Pretzels and Raisins	Cheese Cubes Wheat Crackers	Animal crackers Pears	Cereal Bars Milk
<b>Lunch</b>	Whole Grain Macaroni and Cheese Broccoli Mixed Fruit Milk	Fish Sticks Tater Tots Mixed Veggies Mango Milk	Waffles and Sausage Links Corn Pears Milk	Chicken Tacos Corn Peaches Milk	Beef Lasagna Breadsticks Green Beans Apple Slices Milk	Chef's choice Protein Grain Vegetable Fruit Milk
<b>PM Snack</b>	Goldfish Milk	Animal Crackers String Cheese	Apple Slices Yogurt	Carrots Hummus Milk	Trail mix Milk	Cheese sticks Apple slices
<b>Evening Snack</b>	Pretzels Raisins	Veggie Straws Milk	Graham Crackers Milk	Pretzels and Raisins	Cheese and Crackers	Granola bar Fresh fruit



**sweet kiddles**<sup>®</sup>  
flexible childcare center

Week of: \_\_\_\_\_

Medina: Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Cheerios Fresh Fruit Milk	Yogurt and Banana Milk	Waffles w/syrup Fresh Fruit Milk	Raisin Bread Fresh Fruit Milk	Life Cereal Fresh Fruit Milk	
<b>AM Snack</b>	Cereal Bar Milk	Animal Crackers Fresh Fruit	Granola Bars Milk	Fresh Fruit Cheese Stick	Teddy Grahams Milk	
<b>Lunch</b>	Cheese Ravioli Mixed Veggies Peaches Milk	Turkey and Cheese Rollups Cucumbers Fresh Fruit Milk	French Toast Sausage Carrots Applesauce Milk	Chicken Patty on a Bun Green Beans Fresh Fruit Milk	Soft Tacos Corn Sour Cream Pineapple Milk	
<b>PM Snack</b>	Mini Cheese Cracker Sandwiches 100% Fruit Juice Granola Bar Milk	Veggie Straws Milk	Corn Chips and Salsa	Cinnamon Tortillas Apple Slices	Cheese Popcorn Milk	
<b>Evening Snack</b>		Rice Cakes 100% Fruit Juice	Veggie Straws Milk	Cheese Crackers 100% Fruit Juice	Popcorn 100% Fruit Juice	



**sweet kiddles**<sup>®</sup>  
flexible childcare center

Week of:

Strongsville Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	Cereal Fruit cup Milk	Muffins Fresh fruit Milk	Bagel Cream Cheese Fruit cup Milk	Cereal Fresh fruit Milk	Cereal bar Fresh cup Milk
<b>AM Snack</b>	Yogurt Graham Crackers Water	Hummus Crackers Water	Cheese Fresh fruit Water	Pretzels Raisins Water	Muffins Milk
<b>Lunch</b>	Cheese Quesadilla Broccoli Mixed Fruit Milk	Cheeseburger on Bun Baked beans Peaches Milk	English Muffin Pizza Green Peas Bananas Milk	Waffles Sausage Corn Applesauce Milk	Ravioli and sauce Green Beans Fresh Fruit Milk
<b>PM Snack</b>	Goldfish Raisins Water	Cheese Fruit Water	Fresh Veggies w/Ranch, Milk	Graham Crackers Milk	Fresh Fruit Salad Milk
<b>Evening Snack 7:00</b>	Granola Bar Milk	Crackers Milk	Cereal bar Milk	Cheese Crackers Milk	Graham Crackers Milk



**sweet kiddles**<sup>®</sup>  
flexible childcare center

Week of: \_\_\_\_\_

UC: Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Cereal Bar Fruit Milk	Mini Muffins Fruit Milk	Cereal Fruit Milk	Cereal Fruit Milk	Oatmeal Fruit Milk	
<b>AM Snack</b>	SK Trail Mix Milk	Animal Crackers Milk	Fresh Fruit Milk	Cereal Mix Milk	Cucumbers and Ranch Milk	
<b>Lunch</b>	Grilled Cheese Peaches Green Beans Milk	Turkey and Cheese Sandwich Tossed Salad Fresh Fruit Milk	Chicken Patty sandwich Cooked Carrots Apples Milk	Buttered Noodles Meatballs Peas Pineapple Milk	Chicken Nuggets French Fries Fresh Fruit Milk	
<b>PM Snack</b>	Dried Fruit Mix Milk	Corn Chips and Salsa Puffs Milk	Graham Crackers Milk	Goldfish Milk	SK Trail mix Milk	
<b>Please pack a dinner if staying past 6:30pm.</b>						