



sweet kiddles[®]
flexible childcare center

Week of:

Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cereal Milk 100% Fruit Juice	Cereal Bar 1/2 Banana Milk	Yogurt French Toast Fruit Milk	Pancakes Pears Milk	Cereal Milk 100%Fruit Juice	
AM Snack	Yogurt Graham Crackers	Apple Slices Cheese Stick Milk	Graham Crackers & Milk	Fruit & Cheese Kabobs Milk	Celery & Carrot Sticks w/Ranch 100% Fruit Juice	Cheez its Milk
Lunch	Beef and or Cheese quesadilla Salad Fruit Milk	Pancakes with Sausage Corn Bananas Milk	Grilled Cheese Vegetable Soup Peaches Milk	Chicken & Rice Peas Mandarin Oranges Milk	Spaghetti with Meat sauce Broccoli Pineapple Milk	Chef's Choice Veg Fruit Milk
PM Snack	Cheese Crackers 100%Fruit Juice	Yogurt Parfaits Vanilla Wafers	Hummus with Wheat Crackers or Veggies	Pretzels/ Puffs Raisins	Cream Cheese & cracker sandwiches	Pretzels & Raisins
Dinner	Chef's Choice Vegetable Fruit Milk	Beef and or Cheese quesadilla Salad Fruit Milk	Pancakes with Sausage Corn Bananas Milk	Grilled Cheese Vegetable Soup Peaches Milk	Papa John's Cheese Pizza Corn Pears Milk	Papa John's Cheese Pizza Corn Banana Milk

Evening Snack	Pretzels & Raisins	Hummus & Wheat Crackers	Graham Crackers Milk	Cereal Milk	Cheese Crackers 100%Fruit Juice	Cheese Stick & Apple Slices
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