



**sweet kiddles**<sup>®</sup>  
flexible childcare center

Week of:

Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Whole Grain Cereal Milk Fruit	French Toast Sticks Milk	Pancakes and Sausage Milk	Nutrigrain Bar Fruit Milk	Whole Grain Cereal Milk 100% Fruit Juice	
<b>AM Snack</b>	Cheese and Wheat Crackers	Nutrigrain Bar Fruit Milk	Veggie Straws Fresh Fruit Milk	Cottage Cheese Wheat Crackers	Goldfish Raisins	
<b>Lunch</b>	BBQ or Plain Roasted Chicken Leg White Rice/Roll Fresh Veggies Fruit Milk	Meatball Subs Tossed Salad Fresh Fruit Milk	Soft Tacos Beef or Chicken Fresh Veggies Fresh Fruit Milk	PB and Jelly Sandwich Cheese/Yogurt Carrots/dip Fresh Fruit Milk	Fish Sticks Cabbage Noodles Green Beans Fresh Fruit Milk	Chef's Choice Protein Grain Vegetable Fruit Milk
<b>PM Snack</b>	Granola Bar Milk	Animal Crackers 100% Juice	Popcorn/Puffs Fruit	SK Trail Mix Milk	Cheese Its Raisins	Granola Bar Fresh Fruit
<b>Dinner</b>	Chef's Choice Protein Grain Vegetable Fruit Milk	Roasted Chicken Leg White rice/Roll Fresh Veggies Fruit Milk	Meatball Subs Tossed Salad Fresh Fruit Milk	Chicken Enchilada's Corn Fresh Fruit Milk	Papa John's Cheese Pizza Fresh Veggies Fresh Fruit Milk	Papa John's Cheese Pizza Fresh Veggies Fresh Fruit Milk
<b>Evening Snack</b>	Popcorn/Puffs or Pretzels Raisins	Graham Crackers Milk	Pretzels & Raisins	Cheese Stick & Apple slices	Vanilla Wafers & ½ banana	Popcorn/Puffs or Pretzels 100% Fruit Juice