



sweet kiddles[®]
flexible childcare center

Week of:

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Pancake Milk 100% Fruit Juice	Waffle 1/2 Banana Milk	Cereal Pineapple Milk	English Muffin Sausage Patty 100% Fruit Juice Milk	Cereal Milk 100% Fruit Juice	
AM Snack	Granola Bar Milk	Cheese cubes & Wheat crackers	Popcorn or Pretzels & Fresh Fruit	Apple Slices Peanut Butter	Banana & Vanilla Wafers	
Lunch	Beef Goulash Tossed Salad Peaches Milk	Grilled Cheese Sandwich Pickles Tomato soup Banana Milk	Beef or Pork & Noodles Broccoli Pears Milk	Sausage Patty Pancakes Corn Fresh Fruit Milk	PB&J (cheese Stick) or Turkey Sandwich Carrot sticks Fresh Fruit Milk	Chef's Choice Protein Grain Vegetable Fruit Milk
PM Snack	Yogurt Fresh Fruit	Fresh Fruit Vanilla Wafers	Granola or Cereal Bar Yogurt	Pretzel Rod Cheese Stick	Cereal Fresh Fruit	Granola Bar Milk
Dinner	Beef Goulash Tossed Salad Peaches Milk	Grilled Cheese Sandwich Pickles Tomato soup Banana Milk	Beef or Pork & Noodles Broccoli Pears Milk	Sausage Patty Pancakes Corn Fresh Fruit Milk	Papa John's Cheese Pizza Fresh Veggies Fresh Fruit Milk	Papa John's Cheese Pizza Fresh Veggies Fresh Fruit Milk
Evening Snack	Popcorn or Pretzels Raisins	Graham Crackers Milk	Pretzels & Raisins	Cheese Stick & Apple slices	Vanilla Wafers & Dried Fruit	Popcorn or Pretzels 100% Fruit Juice