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## Monday – Friday Daily Schedule—Baby Kiddles (0-18 months)

7-9 AM	<b>Breakfast, Routine Care*, Free Play</b>
9-11:30	<b>Snack</b> (Older Infants) <b>Routine Care*</b> , <b>Language Development Activities</b> (Singing songs & finger plays, reading books, puppets, Baby Signs) <b>Motor Play</b> (Tummy time, Grasping for toys, dancing outdoors for older infants) <b>Cognitive Activities</b> (Baby games, shape sorting)
11:30-12 PM	<b>Lunch, Routine Care*, Free Play</b>
12-2	<b>Nap, Free Play</b> (Individual Play), <b>Routine Care*</b>
2-5	<b>Snack</b> (Older Infants), <b>Routine Care*</b> <b>Sensory Play</b> (Soft blocks, textures, music) <b>Language Development Activities</b> (Singing songs & finger plays, reading stories, Baby Signs) <b>Motor Play</b> (Tummy time, grasping for toys, dancing, ball play, outdoor play) <b>Cognitive Activities</b> (Busy boxes, stacking blocks, Baby games)
5-7	<b>Dinner</b> (Older Infants), <b>Routine Care*</b> <b>Free Play</b> (Individual play time) <b>Stories &amp; Finger Plays</b>
7-9	<b>Snack/Bottles, Routine Care*</b> <b>Prepare for Rest, Quiet Music</b> <b>Rest</b>
9-11 (FRI)	<b>Quiet Music, Rest</b>

\*Times are flexible: Infant feedings and naps take place as needed and per parent request.  
Diapers are changed every 2 hours or as needed, per parent request.



<sup>SM</sup> **sweet kiddles** <sup>SM</sup>  
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## **Monday – Friday Daily Schedule—Little Kiddles (18 mos – 3yrs)**

- 7-9:00 AM **Breakfast, Free Choice Learning Centers, Diapering/Toileting**  
(Art, Discovery, Fine Motor, Books, Puzzles, Dramatic Play, Blocks)
- 9-10:00 **Circle Time** (Intro to theme, calendar, color, shape, letter, number)  
Snack, Books, Puzzles, Diapering/Toileting
- 10-10:45 **Large Motor Play** (Indoors or Out)  
(This may include Music & Movement)
- 10:45-11:50 **Hand washing, Music/Group Activity, Small Groups/Learning Centers** (Art, Discovery, Fine Motor, Books, Puzzles, Dramatic Play, Blocks)
- 11:50-1:00 **Story Time, Hand washing, Lunch, Books, Diapering/Toileting**
- 1:00-3:00 **Nap/Quiet Time**
- 3:00-5:00 **Snack, Diapering/Toileting, Large Motor Play (Indoors or Out), Large Group Time, Music & Movement, Learning Centers**
- 5-6:00 **Dinner, Free Choice Learning Centers** (All learning centers open)
- 6-9 **Combine Groups, Free Choice Activities, Learning Centers, Prepare for Rest, Books & Puzzles**  
**Story Time**  
**Quiet Activities & Rest**
- 7-11 (FRI) **Prepare for Rest, Books & Puzzles, Stories, Movie & Rest**

Routine care such as diapering and toileting occurs every two hours or as needed on an individual basis.

\*All Sweet Kiddles schedules are flexible and may vary depending on the number of children present at any one given time.



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## **Monday – Friday Daily Schedule\*— Middle Kiddles (3-5yrs)**

- 7-9 AM      **Breakfast, Free Choice Learning Centers**  
(Art, Science, Math, Fine Motor Table Toys, Puzzles, Books, Dramatic Play, Blocks, Sensory, Writing & Listening)
- 9-10:45    **Large Group** (Intro to theme, Story, letters, numbers, shapes, colors)  
**Learning Centers/Choice Time**  
**Snack**
- 11-12      **Large Motor Play** (Indoors or Out)  
(This may include Music & Movement & Large Group Games.)  
**Story Time**
- 12-1        **Lunch, Table Toys, Puzzles, Books**
- 1-2:30     **Nap/Rest** (Quiet Activities for non-nappers.)
- 2:30-4:00   **Snack** (This may include a cooking project.)  
**Large Group** (Re-visit theme, story, letters, numbers, shapes, colors from AM group)  
**Learning Centers/Choice Time**
- 4:00-5:00   **Large Motor Play** (Indoors or Out)  
**Story Time**
- 5:00-5:45   **Dinner, Small Groups, Books**
- 5:45-7:30   **Music & movement, Group Games**  
**Choice Time**
- 7:30-9      **Snack/Evening Care**  
**Story Time, Quiet Activities and/or Video, Rest**
- 9-11 (FRI)   **Movie & Rest**

\*All Sweet Kiddles schedules are flexible and may vary depending on the number of children present at any one given time.



## Daily Schedule— AM Preschool Kiddles

- 9-9:35      **Arrival, Table Toys**  
**Large Group** (Theme & Morning Lesson, Calendar, Letters, Numbers, Shapes, Colors, Songs or Story)
- 9:35-10:20    **Small Groups** (Work Time),  
**Learning Centers/Free Choice** (Math, Science, Art, Sensory, Writing, Books, Language Arts, Dramatic Play, Blocks, Computer)
- 10:20-10:40    **Snack**
- 10:40-11:05    **Large Motor Play** (Indoors or Outdoors)
- 11:05-12      **Small Group** (Language & Literacy, Music & Movement, End of Day Activities)  
**Departure**
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## Daily Schedule—PM Preschool Kiddles

- 1-1:35      **Arrival, Table Toys**  
**Large Group** (Theme & Morning Lesson, Calendar, Letters, Numbers, Shapes, Colors, Songs or Story)
- 1:35-2:20    **Small Groups** (Work Time),  
**Learning Centers/Free Choice** (Math, Science, Art, Sensory, Writing, Books, Language Arts, Dramatic Play, Blocks, Computer)
- 2:20-2:40    **Snack**
- 2:40-3:05    **Large Motor Play** (Indoors or Outdoors)
- 3:05-4      **Small Group** (Language & Literacy, Music & Movement, End of Day Activities)  
**Departure**



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## **Monday – Friday Daily Schedule** **Big Kiddles (5-12 yrs) Before & After School**

### **Before School:**

- 7-8:40 AM    **Arrival**  
                  **Breakfast**  
                  **Free Choice Learning Centers** (Art, Science, Math, Reading  
Dramatic Play, Blocks, Computer, Sensory, Language Arts, Writing,  
Music)
- 8:40-8:50    **Clean Up & Departure**
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### **After School:**

- 3:45-4:45    **Arrival**  
                  **Snack**  
                  **Large Motor Play** (Indoors or Outdoors)
- 4:45-6        **Dinner** (For those ordering)  
                  **Homework Time**  
                  **Free Choice Learning Centers** (Art, Science, Math, Reading  
Dramatic Play, Blocks, Computer, Sensory, Language Arts, Writing,  
Music)

### **Extended Stay for Big Kiddles:**

- 5-8            **Dinner**  
                  **Large Motor Play**  
                  **Games, Learning Centers** (All centers open)
- 8-9            **Silent Reading/Story Time**  
                  **Quiet Activities**  
                  **Prepare for Rest**  
                  **Rest**
- 9-11 (FRI)    **Movie, Quiet Activities, Rest**

\*All Sweet Kiddles schedules are flexible and may vary depending on the number of children present at any one given time.



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## **Saturday Schedule—Baby Kiddles**

- 10-11:30     **Snack** (Older Infants) **Routine Care\***,  
**Language Development Activities** (Singing songs & finger plays,  
reading books, puppets, Baby Signs)  
**Motor Play** (Tummy time, Grasping for toys, dancing, outdoor play)  
**Cognitive Activities** (Baby games, shape sorting)
- 11:30-12     **Lunch, Routine Care\*, Free Play**
- 12-2           **Nap, Free Play** (Individual Play), **Routine Care\***
- 2-5            **Snack** (Older Infants), **Routine Care\***  
**Sensory Play** (Soft blocks, textures, music)  
**Language Development Activities** (Singing songs & finger plays,  
reading stories, Baby Signs)  
**Motor Play** (Tummy time, grasping for toys, dancing, ball play,  
outdoors for older infants)  
**Cognitive Activities** (Busy boxes, stacking blocks, Baby games)
- 5-7            **Dinner** (Older Infants), **Routine Care\***  
**Free Play** (Individual play time)  
**Stories & Finger Plays**
- 7-11          **Snack/Bottles, Routine Care\***  
**Prepare for Rest, Quiet Music**  
**Rest**

\*Times are flexible: Infant feedings and naps take place as needed and per parent request.  
Diapers are changed every 2 hours or as needed, per parent request.



## **Saturday Schedule—Little Kiddles**

- 10-10:45 AM **Snack**  
**Large Motor Play** (Indoors or Outdoors)
- 10:45-11:45 **Small Groups/ Learning Centers** (Art, Discovery, Sensory, Books, Blocks, Dramatic Play, Puzzles, Music)  
**Stories & Finger Plays**
- 11:45-12:30 **Lunch**  
**Books or Puzzles**
- 12:30-2:30 **Nap/Quiet Time**
- 2:30-3:15 **Snack**  
**Story Time**  
**Music & Movement**
- 3:15-4 **Large Motor Play** (Indoors or Outdoors)
- 4-5 **Small Groups/ Learning Centers** (All learning centers open)
- 5-7:30 **Dinner**  
**Music & Movement**  
**Learning Centers** (All learning centers open)
- 7:30-8 **Prepare for Rest**  
**Books & Puzzles**
- 8-11 **Stories, Movie**  
**Quiet Activities & Rest**

Routine care such as diapering and toileting occurs every two hours or as needed on an individual basis.

\*All Sweet Kiddles schedules are flexible and may vary depending on the number of children present at any one given time.



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## **Saturday Schedule\*—Middle Kiddles & Big Kiddles**

- 10-12 PM    **Snack, Story Time**  
**Learning Centers** (Art, Science, Sensory, Dramatic Play, Blocks, Writing, Math, Books, Fine Motor Table Toys, Music)  
**Music & Movement/Group Game**  
**Large Motor Play** (Indoors or Outdoors)
- 12-1        **Lunch**  
**Story Time**  
**Table Toys & Books**
- 1-3         **Rest/ Movie**  
**Cooking Activity or Special Project**  
**Table Toys & Books**
- 3-5         **Snack,**  
**Large Motor Play** (Indoors or Outdoors)  
**Learning Centers** (All centers open)
- 5-7         **Dinner**  
**Music & Movement/Large Motor Play**  
**Table Toys**  
**Special Game or Activity**
- 8-11        **Quiet Small Group Activities** (Table Toys, Books, Puzzles, Writing)  
**Story Time**  
**Movie**  
**Rest**

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**Monday – Friday Daily Schedule\*— Big Kiddles** (when school is out)

- 7-9 AM **Breakfast, Free Choice Learning Centers**  
(Art, Science, Math, Fine Motor Table Toys, Puzzles, Books, Dramatic Play, Blocks, Sensory, Writing & Listening)
- 9-11 AM **Large Group** (Intro to theme, Story, letters, numbers, shapes, colors)  
**Snack**  
**Small Groups/Learning Centers**  
(All learning centers open.)
- 11-12:00 **Large Motor Play** (Indoors or Out)  
(This may include Music & Movement & Large Group Games.)
- 12-12:30 **Story Time**
- 12:30-1 PM **Lunch, Table Toys, Puzzles, Books**
- 1-2:30 PM **Nap/Rest** (Quiet Activities for non-nappers.)
- 2:30-4:30 **Snack** (This may include a cooking project.)  
**Large Group** (Re-visit theme, story, letters, numbers, shapes, colors from AM group)  
**Small Groups/Learning Centers** (All learning centers open)
- 4:30-5:30 **Large Motor Play** (Indoors or Out)  
**Music & Movement, Large Group Games**
- 5:30-7:00 **Dinner, Table Toys, Puzzles, Books**
- 7-9 **Snack**  
**Free Choice Learning Centers** (All learning centers open)  
**Story Time, Quiet Activities and/or Video, Rest**
- 9-11 (FRI) **Movie & Rest**

\*All Sweet Kiddles schedules are flexible and may vary depending on the number of children present at any one given time.



## **Monday – Friday Daily Schedule— SK Kindergarten**

8:45- 9:00	<b>Arrival and Creative Work Time at Tables</b>
9:00 -9:30	<b>Opening Exercises/Question of the Day/Shared Reading/Word Study</b>
9:30-10:15	<b>Language Arts/Phonemic Awareness/Guided Reading/Handwriting</b>
10:15-10:25	<b>Snack Time</b>
10:25-10:40	<b>Music and Movement</b>
10:40-11:30	<b>Everyday Mathematics/Problem-Solving Activities</b>
11:30-12:00	<b>Language Arts/Small Group Literacy Centers/Extension of Activities</b>
12:00-12:30	<b>Lunch</b>
12:30-1:00	<b>Outdoor Play/Active Movement</b>
1:00- 1:15	<b>Quiet Activity - Story/Chapter Book/ Poetry</b>
1:15 -2:00	<b>Journals/Expressive Writing</b>
2:00-2:30	<b>Science/Social Studies</b>
2:30- 3:00	<b>Art Activity/Art History and Appreciation</b>
3:00-3:15	<b>Group Instruction Integrating Content Area Concepts</b>
3:15-3:30	<b>Daily Reflections/Review the Day/Preview Tomorrow Prepare for Dismissal</b>