



sweet kiddles[®]
flexible childcare center

Week of:

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cheerios Milk 100% Fruit Juice	Banana Yogurt 100% Fruit Juice Milk	Oatmeal Fresh Fruit Milk	Raisin bread 100% Fruit Juice Milk	Kix Cereal Milk 100% Fruit Juice	
AM Snack	Granola Bar Milk	Cereal Bars Milk	Cheese Crackers 100% Fruit Juice	Vanilla Wafers Milk	Ritz Crackers Fresh Fruit	Wheat Crackers Cheese Slices
Lunch	Ham & Cheese Sliders Peas Pineapple Milk	Cheesy Dippers Meat sauce Mixed Veggies Fresh Fruit Milk	Cheeseburger on a bun Baked Beans Pears Milk	Breaded Fish Sticks Mashed Potatoes Carrots Peaches Milk	Croissant Pizza Rolls Corn Fresh Fruit Milk	Chef's Choice Protein Veggie Fruit Starch Milk
PM Snack	GoGurt 1/2 banana	Wheat crackers Pepperoni and Cheese cubes	Banana Pudding	Goldfish 100% Fruit Juice	Veggie Straws Milk	Ritz Crackers with Peanut Butter
Dinner	Ham & Cheese Sliders Peas Pineapple Milk	Cheesy Dippers Meat sauce Mixed Veggies Fresh Fruit Milk	Cheeseburger on a bun Baked Beans Pears Milk	Breaded Fish Sticks Mashed Potatoes Carrots Peaches Milk	Croissant Pizza Rolls Corn Fresh Fruit Milk	
Evening Snack	Animal Crackers 100% Fruit Juice	Cheese Popcorn Milk	Ritz Crackers Cheese Stick	Vanilla Wafers 100% Fruit Juice	Popcorn 100% Fruit Juice	