



sweet kiddles[®]
flexible childcare center

Week of:

Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cheerios Milk 100% Fruit Juice	Yogurt and Banana Milk	Waffles w/syrup 100% Fruit Juice Milk	Raisin bread 100% Fruit Juice Milk	Rice Krispies Milk 100% Fruit Juice	
AM Snack	Popcorn Milk	Animal Crackers Fresh Fruit	Vanilla Wafers 100% Fruit Juice	Fresh Fruit Cheese Stick	Goldfish 100% Fruit Juice	Cheese Crackers 100% Fruit Juice
Lunch	Chicken Nuggets Buttered Noodles Green Beans Fruit Cocktail Milk	Meatball Subs Mixed Vegetables Peaches Milk	Ham and Noodle Casserole Carrots Pears Milk	Cheese Ravioli Broccoli Fresh Fruit Milk	Chicken Patty on a Bun French Fries Corn Fresh Fruit Milk	Chef's Choice Protein Veggie Fruit Starch Milk
PM Snack	Cereal Bars Milk	Pretzels with Ranch Dip	Mini Bagels Cream Cheese	Cheese Crackers	Rice Cakes 100% Fruit Juice	Veggie Straws Milk
Dinner	Chicken Nuggets Buttered Noodles Green Beans Fruit Cocktail Milk	Meatball Subs Mixed Vegetables Peaches Milk	Ham and Noodle Casserole Carrots Pears Milk	Cheese Ravioli Broccoli Fresh Fruit Milk	Chicken Patty on a Bun French Fries Corn Fresh Fruit Milk	Chef's Choice Protein Veggie Fruit Starch Milk
Evening Snack	Granola Bar Milk	Trail Mix 100% Fruit Juice	Veggie Straws Milk	Cheese Crackers 100% Fruit Juice	Popcorn 100% Fruit Juice	Pretzels with Ranch Dressing 100% Fruit Juice