



**sweet kiddles**<sup>®</sup>  
flexible childcare center

Week of:

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Fresh berries Biscuits with jelly Milk	Cereal Banana Milk	Wheat toast with butter Oranges Milk	Pancakes Pears Milk	Wheat bagels with cream cheese Peaches Milk	
<b>AM Snack</b>	Peanut Butter Graham Crackers Banana	Vanilla Wafers Strawberries	Mini Blueberry Muffins Apples Milk	Cereal bars Bananas	Animal crackers Pears	Granola Bars Milk
<b>Lunch</b>	Turkey & cheese sub sandwiches Carrots with ranch Wheat crackers Apples Milk	Chicken Nuggets Applesauce Corn Milk	Grilled cheese sandwiches Peas Pears Milk	Spaghetti with meat sauce Mixed veggies Pineapple Milk	Chicken Patty Sandwich Broccoli Oranges Milk	Chef's choice Protein Grain Vegetable Fruit Milk
<b>PM Snack</b>	Salsa & tortilla chips	Fresh Veggies w/ Ranch Wheat Crackers	Crunchy yogurt sundae (granola)	Granola bars Pears	Trail mix	Cheese sticks Apple slices
<b>Dinner</b>	Turkey & cheese sub sandwiches Carrots with ranch Wheat crackers Apples Milk	Chicken Nuggets Applesauce Corn Milk	Grilled cheese sandwiches Peas Pears Milk	Spaghetti with meat sauce Mixed veggies Pineapple Milk	Cheese pizza Apple Slices Carrots and Ranch Milk	Cheese pizza Fresh fruit Fresh veggies Milk
<b>Evening Snack</b>	Pretzels Raisins	Veggie Straws Milk	Cheese Sticks Wheat Crackers	Vanilla Wafers Oranges	Pretzels Raisins	Granola bar Fresh fruit