



sweet kiddles[®]
flexible childcare center

Week of:

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cereal Applesauce Milk	Pancakes Banana Milk	Wheat toast with butter Oranges Milk	Egg Patty English Muffin Milk	Waffles Milk ½ Banana	
AM Snack	Yogurt Graham Crackers	Carrots Hummus Milk	Pretzels and Raisins	Cheese Cubes Wheat Crackers	Animal crackers Pears	Cereal Bars Milk
Lunch	Whole Grain Macaroni and Cheese Broccoli Fresh Fruit Milk	Swedish Meatballs Buttered Noodles Peas Fresh Fruit Milk	Waffles and Sausage Links Corn Pears Milk	Chicken Tacos Fresh Veggies Peaches Milk	Beef Lasagna Breadsticks Green Beans Apple Slices Milk	Chef's choice Protein Grain Vegetable Fruit Milk
PM Snack	Goldfish Banana	Fruit and Cheese Kabobs	Apple Slices Peanut Butter or Yogurt	Carrots Hummus Milk	Trail mix Milk	Cheese sticks Apple slices
Dinner	Whole Grain Macaroni and Cheese Broccoli Fresh Fruit Milk	Swedish Meatballs Buttered Noodles Peas Fresh Fruit Milk	Waffles and Sausage Links Corn Pears Milk	Chicken Tacos Fresh Veggies Peaches Milk	Cheese pizza Apple Slices Tossed Salad Milk	Cheese pizza Fresh fruit Fresh veggies Milk
Evening Snack	Pretzels Raisins	Veggie Straws Milk	Graham Crackers Milk	Pretzels and Raisins	Cheese and Crackers	Granola bar Fresh fruit