



sweet kiddles®

flexible childcare center

Week of:

Week 4

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Rice Krispie Cereal Mixed Fruit Milk	Pancakes Pears Milk	Danish Blueberries Milk	Honey Nut Cereal Bananas Milk	English muffin Jam Fresh fruit Milk	
AM Snack	Celery Peanut Butter	Strawberries Graham Crackers	Grapes Granola bars	Vanilla Wafers Yogurt	Peanut Butter and Banana Tortilla "Sushi"	Chef's Choice Snack
Lunch	Ham and cheese wrap Veggie Soup Apples Milk	Meatloaf Mashed potatoes Green beans Applesauce Milk	Cheese burgers Tater Tots Corn Milk	Cheese Taco Sticks Side Salad w/ Dressing Kiwi Milk	Chicken and Veggie Pasta Cucumber Melon Milk	Chef's choice Protein Grain Vegetable Fruit Milk
PM Snack	Trail Mix	Cheese Crackers Apple Slices	Wheat Crackers Cheese Cubes	Salsa and Chips	Popcorn / Puffs Raisins	Pretzels Cheese sticks
Dinner	Ham and cheese wrap Veggie Soup Apples Milk	Meatloaf Mashed potatoes Green beans Applesauce Milk	Cheese Burgers Tater Tots Corn Pears Milk	Cheese Taco Sticks Side Salad w/ Dressing Kiwi Milk	Cheese pizza Fresh veggies Fresh fruit Milk	Chef's choice Protein Grain Vegetable Fruit Milk
Evening Snack	Graham Crackers Raisins	Veggie Straws Peaches	Salsa and Tortilla Chips	Celery Raisins Peanut Butter	Cheese cubes Wheat crackers	Graham crackers Fruit