



sweet kiddles®

flexible childcare center

Week of:

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Fruit Bar Raisins Milk	Cereal Apple slices Milk	English muffin Jam Fresh fruit Milk	Raspberries Wheat Toast w/ Jelly Milk	Honey Nut Cheerios Orange Slices Milk	
AM Snack	Apple slices Peanut butter	Fresh Cucumber Pretzels	Cheese Crackers Raisins	Honey Nut Cheerios Banana	Pita Crackers Hummus	Chef's Choice Snack
Lunch	Chicken Nuggets Mashed Potatoes Corn Applesauce Milk	French Toast Sausage links Melon Cooked carrots Milk	Meatball sub Steamed broccoli Pears Milk	Ham and Cheese Quesadilla Strawberries Green beans Milk	Pizza Texas Toast Salad Kiwi Milk	Chef's choice Protein Grain Vegetable Fruit Milk
PM Snack	Graham Crackers Cream Cheese	Strawberries Veggie Crackers	Animal Crackers Peaches	Pretzels Raisins	Banana Pops	Pretzels Cheese sticks
Dinner	Chicken nuggets Mashed potatoes Corn Applesauce Milk	French Toast Sausage links Oranges Cooked carrots Milk	Meatball sub Steamed broccoli Pears Milk	Ham and Cheese Quesadilla Strawberries Green beans Milk	Cheese Pizza Fresh Veggies Fresh Fruit Milk	Cheese Pizza Fresh Veggies Fresh Fruit Milk
Evening Snack	Fresh Cucumber Pita Chips	Veggie Sticks Hummus	Goldfish / Penguins Raisins	Graham Crackers Applesauce	Popcorn / Puffs Raisins	Vanilla Wafers Bananas