



# sweet kiddles<sup>®</sup>

flexible childcare center

Week of:

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Breakfast</b>	Fresh Raspberries Danish Milk	Rice Krispies Cereal Fruit Cocktail Milk	Wheat toast with Jelly Oranges Slices Milk	Pancakes Pears Milk	Wheat bagels with cream cheese Peaches Milk	
<b>AM Snack</b>	Cereal Bar Oranges	Peanut Butter and Banana Sushi (tortillas, peanut butter)	Muffins Apple slices	Popcorn Puffs Strawberries	Animal crackers Pears	Chef's Choice Snack
<b>Lunch</b>	Turkey & cheese kabobs Carrots with ranch Wheat crackers Apples Milk	Breakfast taquitos Applesauce Corn Milk	Grilled cheese sandwiches Peas Pears Milk	Spaghetti with meat sauce Mixed veggies Pineapple Milk	Baked chicken with broccoli Breadsticks Grapes Milk	Chef's choice Protein Grain Vegetable Fruit Milk
<b>PM Snack</b>	Pretzels Pears	Salsa & Tortilla Chips	Fresh Cucumber Pita Crackers	Crunchy Yogurt Parfait (granola)	Trail mix	Cheese sticks Apple slices
<b>Dinner</b>	Turkey & cheese kabobs Carrots with ranch Wheat crackers Apples Milk	Breakfast taquitos Applesauce Corn Milk	Grilled cheese sandwiches Peas Pears Milk	Spaghetti with meat sauce Mixed veggies Pineapple Milk	Cheese pizza Fresh fruit Fresh veggies Milk	Chef's choice Protein Grain Vegetable Fruit Milk
<b>Evening Snack</b>	Veggie Crackers Raisins	Graham Crackers Milk	Popcorn Raisins	Cheese Stick Apple Slices	Vanilla Wafers Oranges	Granola bar Fresh fruit