



sweet kiddles[®]

flexible childcare center

Week of:

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Oatmeal Raisins Milk	Cereal bars Apples Milk	Honey nut cereal Bananas Milk	Yogurt Fresh fruit Milk	Waffles with syrup Pineapple Milk	
AM Snack	Strawberries Graham crackers	Wheat crackers Cheese cubes	Cereal bar Oranges	String cheese Raisins	Vanilla wafers Pineapple	
Lunch	Chicken patty with cheese on bun Carrot sticks with ranch Pineapple Milk	Mac and cheese Orange slices Green beans Milk	Swedish meatballs Buttered egg noodles Cooked carrots Pears Milk	Calzones Side salad with ranch Grapes Milk	Ham and cheese wrap Veggie soup Apples Milk	Chef's choice Protein Grain Vegetable Fruit Milk
PM Snack	Veggie sticks and hummus	Goldfish/ Penguins Raisins	Wheat crackers Cheese cubes	Celery with peanut butter Raisins	Veggie straws Peaches	Crunchy yogurt parfait
Dinner	Chicken patty with cheese on bun Carrot sticks with ranch Pineapple Milk	Mac and cheese Oranges slices Green beans Milk	Swedish meatballs Buttered egg noodles Cooked carrots Pears Milk	Calzones Side salad with ranch Grapes Milk	Cheese Pizza Fresh Veggies Fresh Fruit Milk	Chef's choice Protein Grain Vegetable Fruit Milk
Evening Snack	Goldfish/ Penguins Raisins	Veggie straws Cheese stick	Veggie sticks and hummus	Graham crackers Applesauce	Wheat crackers Cheese cubes	Pretzels Cheese stick