



sweet kiddles[®]

flexible childcare center

Week of:

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cheerios Milk 100% Fruit Juice	Yogurt and Banana Milk	Waffles w/syrup 100% Fruit Juice Milk	Raisin bread 100% Fruit Juice Milk	Rice Krispies Milk 100% Fruit Juice	
AM Snack	Granola Bars Milk	Trail Mix 100% Fruit Juice	Fresh Fruit	Goldfish 100% Fruit Juice	Fresh Fruit Milk	Wheat Crackers Cheese Slices
Lunch	Macaroni and Cheese California Blend Mandarin Oranges Milk	Ham and Cheese Croissants Peas Peaches Milk	Spaghetti and Meat Sauce Green Beans Fresh Fruit Milk	Cheese Quesadillas Cucumbers w/Ranch Fruit Cocktail Milk	Texas Toast Pizza Corn Fresh Fruit Milk	Chef's Choice Protein Veggie Fruit Starch Milk
PM Snack	Choc. Chip Cookies Milk	Wheat Crackers Cheese Slices	Graham Cracker Cheese Cakes	Blueberry Muffins Milk	Buttered Popcorn Milk	Ritz Crackers with Peanut Butter
Dinner	Macaroni and Cheese California Blend Mandarin Oranges Milk	Ham and Cheese Croissants Peas Peaches Milk	Spaghetti and Meat Sauce Green Beans Fresh Fruit Milk	Cheese Quesadillas Cucumbers w/Ranch Fruit Cocktail Milk	Texas Toast Pizza Corn Fresh Fruit Milk	Chef's Choice Protein Veggie Fruit Starch Milk
Evening Snack	Animal Crackers 100% Fruit Juice	Cheese Popcorn Milk	Ritz Crackers Cheese Stick	Vanilla Wafers 100% Fruit Juice	Popcorn 100% Fruit Juice	Pretzels with Ranch Dressing 100% Fruit Juice